

WomenRISING™

# THE WOMEN RISING PROGRAM

*You deserve a career  
and life you love.*

PROGRAM GUIDE  
FOR WOMEN

**AUGUST 2026  
ENROLLING NOW**



A PROVEN PATH TO CLARITY & CONFIDENCE

# The award-winning Women Rising program is trusted by 10,500+ women to lead and live on their terms.

August 2026 enrollments are open now.

JOIN US



Ready for a trusted pathway to lead on your terms? This is it.

So many smart, capable women stay stuck, not because they're not good enough, but because the world has convinced them they have to work harder, fit in, or wait their turn.

We're told to act a certain way. Speak a certain way. Lead a certain way. And when we don't fit the mold? We question ourselves.

You don't need fixing and you don't need to work harder. You need a trusted pathway that helps you lead and live on your terms, with clarity, self-trust and sustainable success.

Women Rising is the proven pathway trusted by more than 10,500 women to transform their careers and lives.

LEADING ORGANIZATIONS WORK WITH WOMEN RISING



RioTinto



FUJITSU



# Get the tools and support to transform your career and life. Backed by science. Trusted and tested by women.

Watch real success stories here



## By the end of Women Rising, you will:

- ✓ Have grounded, lasting confidence - even in high-stakes situations.
- ✓ Lead as yourself with authentic presence and real influence.
- ✓ Map your next chapter - a clear, aligned vision for work and life.
- ✓ Advance with intention and a career path that energizes you.
- ✓ Protect your energy - boundaries and practices for sustainable success.
- ✓ Rise with peers and a trusted community of ambitious women.



"Women Rising helped me step up and use my voice to get what I want. I got the promotion, the pay rise and a better balanced job scope. This program gave me the confidence and tools to make that happen. Thank you!"  
— *Dina Craigie, Managing Consultant, DXC Technologies*



"When you invest the time and energy in the Women Rising program it is literally life changing." — *Michelle Markham, Microsoft*

# Women around the world have transformed their confidence, wellbeing and careers with Women Rising.

98% RECOMMENDATION RATE FROM ALUMNI



10,500+

WOMEN



1,500+

ALLIES



895

ORGANISATIONS



76

COUNTRIES

The future you is waiting on the other side of this program...



97%

I have tools to take more confident action



98%

I feel like a more authentic leader



96%

I have new tools to progress my career



93%

I have clarity on my vision & purpose



92%

I'm more intentional about my wellbeing



98%

I would highly recommend this program



"The Women Rising program is one of the most powerful and effective development programs I have ever participated in."

— Danielle Buchner, Platform Solution Partner Team Lead, Interactive



"Without this program I would still believe I am not capable of great things. I used to tell myself I'm the dumbest person in the room and look around just waiting for everyone else to realize I don't belong. I now know my worth and play to my own strengths. Thank you to the entire Women Rising Team, you have changed my life." — Meaghan Andrews, APA Group

# The Women Rising program is for women who are ready to:



Expand into their next level of success, without burning out.



Be more visible and own their voice, presence and impact.



Align ambition and wellbeing to create success that feels as good as it looks.



Invest in themselves with a proven, guided path for leadership and career development.

## IT'S ALSO FOR YOU IF YOU'RE FEELING:

- **Unclear on next steps**, dealing with a loud inner critic, or stretched thin.
- **Ready to progress**, advance, pivot, or design work that fits you.



"This program has been life changing for me. It took me on an amazing journey of self discovery and I can confidently say I've emerged as a better version of myself as a person and as a leader. I highly recommend!"

— *Meethu Umesh, Senior Manager, ANZ*



"This program is like no other leadership course I have done. It focuses on you first, not your work. This is what I, and so many other women, need - permission to work on ourselves."

— *Camilla Read, Sustainability Lead, Z Energy*

**You deserve to have the career and life you truly want, and now is your time.**

**YOU'LL WALK AWAY FROM WOMEN RISING:**

**And most importantly, more joyful and inspired in your work and life than ever before.**



“Go for it... get into this... there are some amazing insights that will wakeup your inner consciousness to live this life the way you should be living - smarter and happier.”

— *Preetinder Kaur Arora, Senior Business Analyst, FiveP*

# How does the program work?

A 4-month, 8-module immersive program designed to help you become the aligned, confident woman your step into.



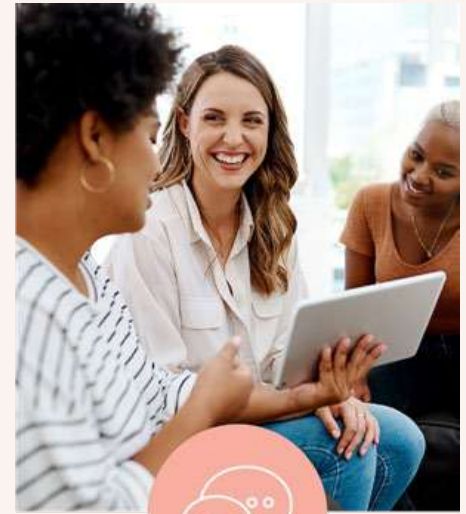
## EVIDENCE-BASED CURRICULUM

Created based on years of tried, tested and proven-to-work experience and research, to help you transform your life and career... that you get lifetime access to!



## LIVE GROUP COACHING SESSIONS

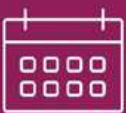
Get personalized support and learn how to deeply integrate the teachings into your everyday life with group coaching sessions run by Women Rising coaches.



## COMMUNITY AND CONNECTION

Connect with ambitious, like-minded women from all industries, roles and seniority levels who are elevating together, sharing momentum, accountability and wins.

## Designed for busy working women, like you.



POTENT 4  
MONTH  
PROGRAM



1-2  
HOURS PER  
WEEK



VIRTUAL,  
FLEXIBLE  
LEARNING



BITE  
SIZED  
LESSONS



LIFETIME  
PROGRAM  
ACCESS

# The Women Rising Program Includes:



## EVIDENCE-BASED CURRICULUM

4-month program with 8 structured modules delivered in our online learning platform. Tested model, proven outcomes.



## LIVE GROUP COACHING SESSIONS

Group coaching sessions throughout the program to answer questions and provide support.



## INTERACTIVE LESSON FORUMS

Our lesson forums provide additional mentoring, learning and connection between program participants.



## GUIDED, ACTIONABLE LEARNING

We help ensure that the learning is easy to apply and embed through coaching playsheets, tips and written guides.



## VIRTUAL, FLEXIBLE TRAINING

Bite size lessons in video format and a private audio app. Learn anywhere, anytime on the device of your choice.



## BONUS RESOURCES

Bonus additional resources for deeper learning in every module to support your Women Rising journey.

**NEW**



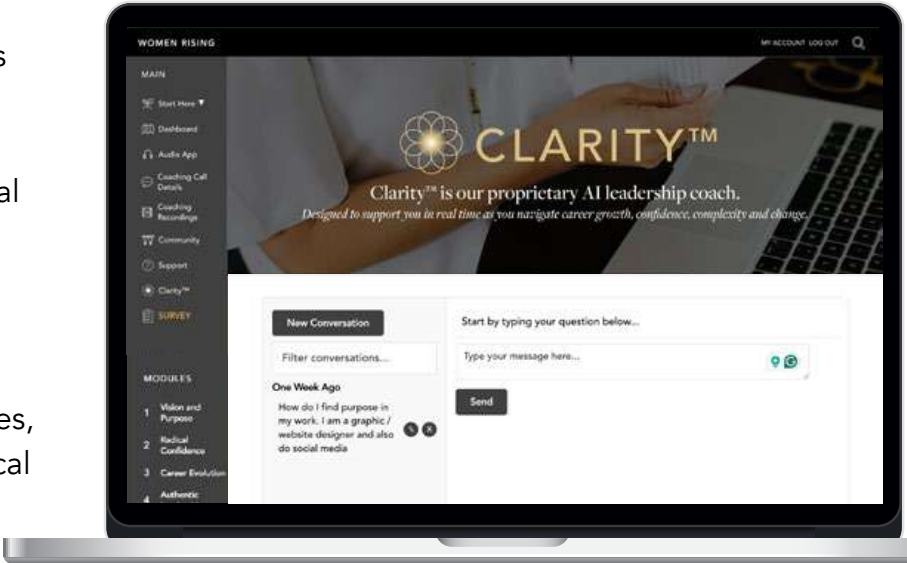
# CLARITY™

## AI LEADERSHIP COACH

Designed to support women in real time.

**Clarity™ is Women Rising's proprietary AI leadership coach, grounded in our evidence-based frameworks and more than two decades of Megan Dalla-Camina's coaching expertise.**

Far from a generic AI tool, Clarity™ is purpose-built and trained to deliver intelligent, reflective and structured guidance as your on-demand personal coach. Shaped by the real-world experience of 10,500+ women who have participated in our programs, Clarity™ draws on impactful insights across roles, organizations and cultures, bringing depth, relevance and practical perspective to every interaction.



### WHETHER YOU'RE:

- Preparing for a high-stakes conversation
- Navigating self-doubt before a presentation
- Managing competing demands and priorities
- Reflecting after a challenging moment
- Reassessing your career direction
- Trying to think clearly during overwhelm

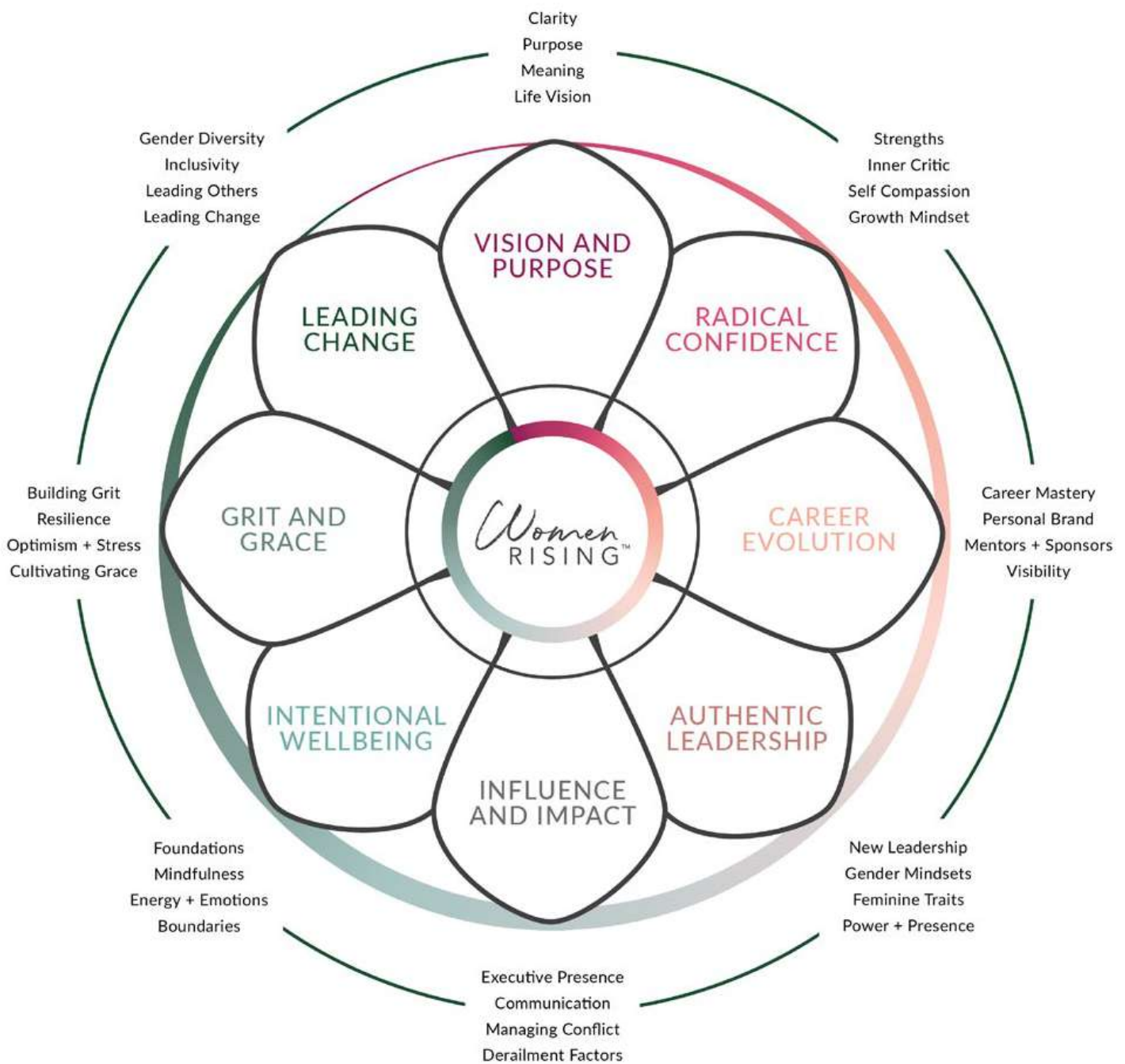
### CLARITY™ PROVIDES:

- ✓ Structured reflection grounded in Women Rising frameworks
- ✓ Perspective that cuts through overthinking
- ✓ Practical next steps you can act on immediately
- ✓ Language for confident communication
- ✓ Reinforcement of long-term leadership development

# WomenRISING™

## THE JOURNEY

The Women Rising program model has been created off the back of decades of research, lived experience and proven outcomes. The program's core elements include those that have been demonstrated to impact women's career, leadership and life success, and nothing else like it exists!



# Here's how we'll journey:

## Module One – Vision and Purpose

Explore your true purpose, what brings meaning to your life and work and how to craft a vision for your future.

- Bring a deeper level of clarity to what you want most from your life and career.
- Learn how to create more meaning from your current role to enhance your satisfaction and happiness.
- Understand how the why of what you do matters more than anything else when it comes to productivity and performance at work.
- Craft a holistic picture of your life vision and purpose, with actionable tools to bring it into reality.

*Over 93% of program participants report having greater clarity on their life vision and purpose, and more than 90% say they have a clearer understanding of their goals.*

## Module Two – Radical Confidence

Learn an evidence-based approach for how to create radical confidence – the type you have no matter what is going on around you.

- Discover what confidence really is and the game changing three-part framework that will dial down your self-doubt and up level your belief.
- Learn how to better understand your inner critic and how to tame it, not fight with it (and finally understand impostor syndrome).
- Discover and develop your strengths and leverage them to be more authentic and build your true confidence.
- Develop Professor Carol Dweck's growth mindset and use it to build your confidence and create what you want most.

*97% of participants say they have the knowledge and tools to take more confident action, and more than 95% have a better understanding of their strengths.*

## Module Three – Career Evolution

Develop a career you love, build supportive and sustaining relationships, and build a personal brand that reflects what you want to be known for.

- Understand where you're at on your career mastery journey and how it impacts your career planning and development.
- Discover what you want to be known for in your career, and how to build an aligned personal brand.
- Understand mentors as an important and supportive relationship to help bring out the best in yourself and fast track your results.
- Learn what sponsors are, how to cultivate them and why they can be the most critical relationship for your career success.

*96% of program participants feel they have new tools to progress their career, and more than 92% understand how mentors and sponsors can positively impact their career. Over 90% have greater clarity on their personal brand and what they want to be known for.*

## Module Four – Authentic Leadership

Develop as an authentic leader no matter what your role, and learn how to step into your power as a woman with presence and vulnerability.

- Understand how leadership is changing, what new leadership looks like and why women have never been better positioned to lead.
- Discover the authenticity gap and how gender mindsets, the double bind and the likability gap can impact women's leadership path.
- Explore feminine traits, how critical they are to your authenticity and why the right balance of traits will unlock your greatest success.
- Learn how vulnerability and presence are critical to stepping into your personal power, and developing as an authentic leader.

*Over 95% of program participants say they have the tools to become a more authentic leader and understand the role of feminine and masculine traits in leadership.*

## Module Five – Influence and Impact

Build your influence, develop your executive presence and enhance your impact in all aspects of your work and leadership.

- Learn how to develop your executive presence, and understand why it is a critical, yet misunderstood part of your success toolkit.
- Understand why communicating with power can unlock your next level of impact, and how to do it effectively.
- Learn how to manage conflict at work, deal with challenging people, and become a pro at having difficult conversations.
- Get clear on the derailment factors that can undermine your career and leadership success and how to manage them.

*94% of participants report being a stronger leader from doing this program.*

## Module Six – Intentional Wellbeing

Discover the joyful, busy-proof and evidence-based ways you can create radiant wellness in your life.

- Understand the foundational components of wellbeing that will make all the difference in your work and life, and fuel you on all levels.
- Learn how mindfulness and meditation can supercharge your wellbeing (in very practical ways that everyone can manage).
- Learn the science and art of managing your energy and emotions.
- Learn how to set boundaries to protect what matters most, create balance and enable your success.

*Over 92% of participants say they are more intentional about their wellbeing and more than 89% are better able to set boundaries.*

## Module Seven – Grit and Grace

Delve into the power of cultivating both grit and grace to achieve your goals and support your journey.

- Understand and apply how and why grit matters when it comes to your success and performance (and learn what to be gritty about).
- Learn the science of optimism, how it impacts you, and how to build it for greater resilience.
- Change your relationship with stress by discovering its upside (even when things go wrong).
- Cultivate the grace you need to live your journey with more ease.

*More than 93% of participants report higher levels of grit in their career and clarity on their career goals.*

## Module Eight – Leading Change

It's time to develop your role as a leader, and discover how to lead change in a way that makes a lasting impact.

- Explore the current reality on gender diversity, create the next level of breakthroughs, and learn how to truly create inclusivity at work.
- Understand how bias deeply impacts the path to equality and what to do about it.
- Learn the critical components of effectively leading others, no matter what your role or experience level.
- Get the strategies and tools to effectively lead change in your workplace to have a lasting impact.

*95% of participants better understand their role in leading change and 94% of women report they are a stronger leader from doing the program.*

# Meet your guide: Megan Dalla-Camina Women Rising Founder & CEO

WORLD-RENOWNED EXPERT ON WOMEN'S EMPOWERMENT,  
LEADERSHIP AND WELLBEING

- Best-selling author of five books, including her latest *Women Rising*
- Award-winning 18 year corporate career in Fortune 100 companies
- Expert academic credentials in positive psychology, wellbeing, gender studies, leadership and coaching
- Decades of practical experience in gender diversity, leadership development and women's leadership
- Engaged by companies and leaders globally to coach, mentor and guide tens of thousands of women
- Featured in hundreds of media outlets globally including Forbes, Fortune, Fast Company and Elle
- Sought after executive coach, speaker and trusted advisor
- Trained in yoga, meditation and holistic philosophies



**B&T'S WOMEN LEADING TECH AWARDS:  
WOMAN OF THE YEAR & MENTOR OF THE YEAR**

**Forbes FORTUNE Psychology Today marie claire WellBeing ELLE**



THE  
HUFFINGTON  
POST

**CNN**

women's  
**AGENDA**

**W**

**©CBS**

**WELL+GOOD**

# A personal note from Megan.

I'm so glad you're here. Women Rising was created for women ready for a next level that feels aligned. This program brings together everything I've learned about helping women lead with clarity, confidence and wellbeing, without giving themselves away.

Wherever you find yourself right now in your career, I have likely been there. I think about the thousands of women in our community and I when I look at them, I know that *I was them*. I had an 18 year career in some of the largest organizations in the world. I was the young ambitious twenty-something striving and driving for early career success at GE. I was the single mother in a new executive role at 34, trying desperately to keep up with my game face on, not showing the cracks in the seams of my life.

A few short years I was completely burnt out and quit the job I had worked my whole career to get. Post burn out, I became the first part-time executive at IBM, paving the path for how you could show up authentically, craft your role to align with your passions, and do it in a way that works for you.

And then I stepped further onto my purposeful path, starting my own business a decade ago, supporting women to step into their power, find their own purpose, live with a greater sense of wellbeing and have the career and lives they longed for.

My path has been far from linear, but in hindsight I see that each step was perfectly orchestrated to contribute to my life's larger plan.... Serving you here, through Women Rising, right now. The Women Rising program embodies everything I've learned in my lifetime about being a working woman in a world that's constantly trying to tell us who to be, to hide our inherent feminine traits, and fit a model of work and leadership that was never designed with us in mind.

After my long corporate career, my academic research and more than a decade dedicated to coaching and supporting women, the creation of Women Rising feels like I've finally arrived home.

It's my honor to serve you in this way and I look forward to walking alongside you as you reclaim your power and create a career and life you love on your terms.



*Megan Dalla-Camina*

**FOUNDER & CEO WOMEN RISING**

# Ask your boss to invest in your professional development.



Because the Women Rising program will substantially benefit your employer and workplace, some participants speak with their bosses about investing in their development and paying the program fee on their behalf.

In saying this, many women join the Women Rising program without financial support from their workplaces because while yes, your participation will inevitably benefit your employer, it will have the most profound impact on your career and life.

**Want help asking?  
[Download our Get Funding: Ask Your Boss For Support guide.](#)**



“This program has challenged me in so many good ways. It’s been enlightening, inspiring, and motivating. It’s given me the confidence to go after what I want in my career and in my life, without apology.”

— *Thiru Naidoo, Growth Marketing and Engagement Lead, AGL*



“If you are considering taking on this program, you should go for it 100%. It’s one of the best things you can do for yourself as a woman.”

— *Rey Pico, Relationship Manager, Theta*

## WHO IS THE PROGRAM FOR?

# The Women Rising program is open to all women globally from any industry, any role or experience level.

Individual women from any profession or career stage are also encouraged to join. The uniquely designed curriculum, community and coaching, supports women wherever they're at in their life, career stage and leadership path.

The feedback we consistently receive from business leaders and thousands of individual women is that they have never seen or experienced anything like Women Rising. Our program is truly one-of-a-kind and is creating incredible transformation for women worldwide.

Non-binary or gender diverse people are also welcome to join. We recognize that everyone's experiences are unique, and we are committed to creating a safe and supportive learning environment for all participants.



"The program has given me tools to become more of my whole and best self in all spheres of my life. I couldn't recommend this program highly enough."  
— *Dhillshara Fernandes, Employee Experience Manager, Crown Resorts*



"I feel like I was driving in the dark and suddenly, the headlights have been turned on. I can now see the direction I'm going and I have a plan to get there."  
— *Michelle Fernandez, Ethical Sourcing Manager, Blackmores*



"I highly recommend this program. It has given me the tools to become more confident, understand my value as a leader, to not hold back and go for gold."  
— *Minette Steynberg, Cloud Solution Architect, Microsoft*

# Enroll Now for August 2026

CHOOSE FROM OUR PAYMENT OPTIONS

## BEST VALUE

### ONE PAYMENT

**EARLY BIRD**  
**USD \$1199**

STANDARD PRICE  
USD \$1399 APPLIES  
AFTER 10 JULY 2026

REGISTER NOW

## MOST FLEXIBLE

### 4 MONTHLY PAYMENTS

**EARLY BIRD**  
**4 x USD \$330**

STANDARD PRICE  
4 X USD \$385 APPLIES  
AFTER 10 JULY 2026

REGISTER NOW

Need more time? [Click here for the extended payment plan.](#)

Payment plan only available to individual women (not company registrations).

\*Early bird offer ends 10 July 2026.

For frequently asked questions, please visit [womenrisingco.com/program/#faq](https://womenrisingco.com/program/#faq)

Email us at [hello@womenrisingco.com](mailto:hello@womenrisingco.com) with any support needed.



# Join Thousands of Women From 895 Leading Organizations

WOMEN RISING IS THE FASTEST GROWING WOMEN'S LEADERSHIP DEVELOPMENT PROGRAM OF ITS KIND GLOBALLY FOR ONE REASON: BECAUSE IT WORKS.

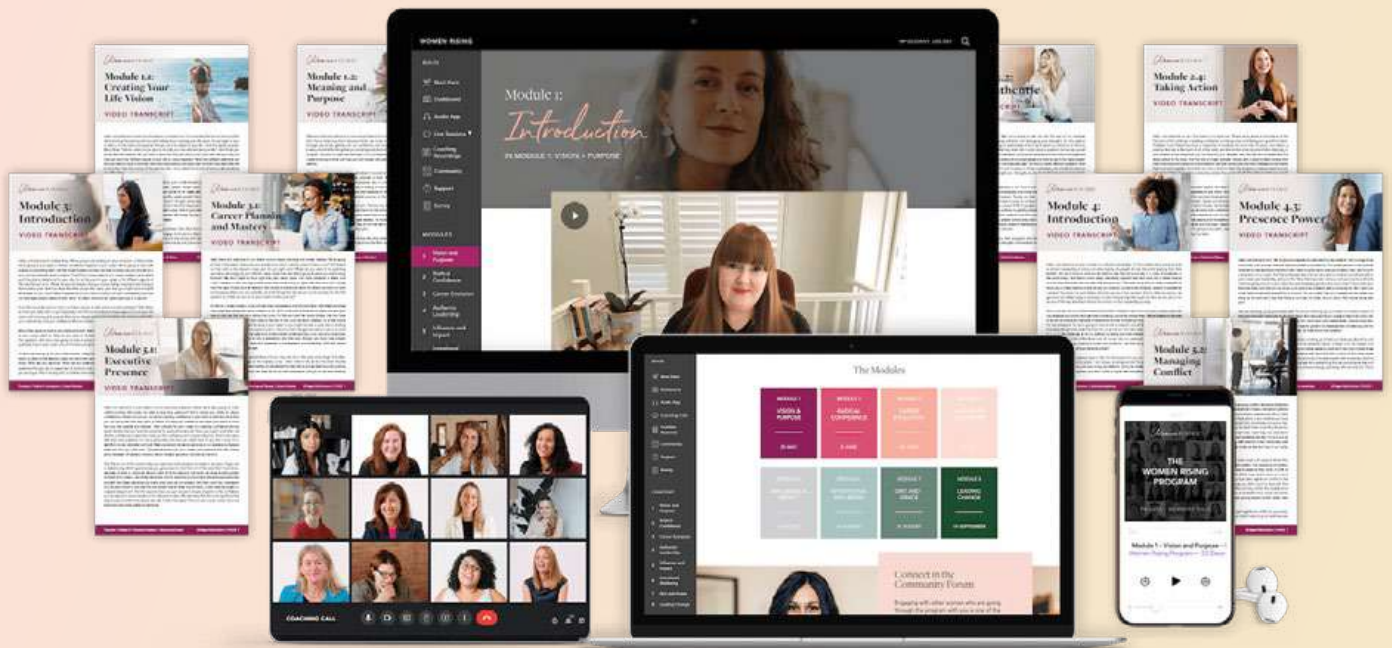


**See what  
your future  
has in store for  
you.**

Listen to and read 400+ stories from women whose lives have been touched and transformed by Women Rising - and see how yours could be too!

[WOMENRISINGCO.COM/REVIEWS](https://WOMENRISINGCO.COM/REVIEWS)

# Take a peek behind the scenes.



“The program has been a breath of fresh air, such an empowering and positive experience that I would highly recommend to all women. It has provided me with the tools and confidence I needed at this point in my career and life to progress and live in line with my core values and beliefs.”

— *Elizabeth Mounarath, Support Coordinator, Woodville Alliance*



“This program has been a game changer for me. My learning is to live life more purposefully and intentionally. I have more clarity around my strengths, the value that I can bring and what is important to me. I highly recommend this program to any woman who is ready to experience a positive change.”

— *Sarah Wylie, Senior Client Manager, NTT*



“I can confidently say I have a very full toolbox that will be of significant use as I navigate my career and personal life. Megan and her team have curated an exceptionally well run program: the modules are clear and easy to follow and the coaching calls intertwined have been invaluable. Although I am sad to have come to the end of this program, I am so excited to evolve my skills and continuously reflect on how far I’ve come since joining Women Rising. The community is made up of strong, talented, beautiful women who will support you throughout. This is an incredible program.”

— *Sophie Mawley, Product Consultant, Datacom*

# Program Key Dates

WOMEN RISING PROGRAM AUGUST 2026	
Early Bird Pricing Ends	10 July 2026
Registration Closes	21 August 2026
Program Commencement	31 August 2026
Program Closes	18 December 2026



“I cannot express enough gratitude for the transformative experience this program has provided. I highly recommend it to any woman seeking growth, inspiration and a network of incredible individuals who uplift each other.”  
— *Divya Saxena, GRC Specialist, BHP*

**ARE YOU READY TO RISE AND CREATE YOUR CAREER AND LIFE ON YOUR TERMS USING AN EVIDENCE-BASED MODEL THAT’S PROVEN TO WORK?**

**Your future starts now.**

**JOIN US FOR AUGUST 2026**

